

# Kidney Health Resources

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- The Kidney Foundation of Canada
  - Home Page: <https://kidney.ca/>
- Ontario Renal Network
  - Living with Chronic Kidney Disease: <https://www.ontariorenalnetwork.ca/en/kidney-care-resources/living-with-chronic-kidney-disease>
  - Low sodium handout: <https://www.ontariorenalnetwork.ca/sites/renalnetwork/files/assets/fnimfactsheet-sodium-fn-english.pdf>
- Kidney Community Kitchen
  - Home Page: <https://www.kidneycommunitykitchen.ca/>
- National Kidney Foundation
  - Nutrition information: <https://www.kidney.org/nutrition>
  - Blood Pressure Medications: <https://www.kidney.org/kidney-topics/ace-inhibitors-and-arbs>
  - SGLT2 Inhibitors: <https://www.kidney.org/kidney-topics/sodium-glucose-cotransporter-2-sgl2-inhibitors>
  - GLP1-RA: <https://www.kidney.org/kidney-topics/ghp-1-receptor-agonists-ghp-1-ras>
  - Cholesterol and Kidneys: <https://www.kidney.org/news-stories/high-cholesterol-high-kidney-disease-risk>